Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Saturday, May 18, 2024

Belief

Belief is an important part of healing.

A fundamental spiritual tenet is that our beliefs create our reality.

To choose to believe that healing is impossible, is to seal one's consciousness in an energetic darkness, that prevents healing light from entering.

My advice is to believe in the healing energy, believe the person is being healed and getting healed, and accept that healing energy is healing him/her.

Trust in the healing power that exists beyond our five senses.

Belief and acceptance of healing are large parts of healing.

When I was receiving my first healing session back in 2006, I did not believe either.

But once I believed in the energies being received, and accepted the energies were for my highest good, I began to heal.

- May 18, 2024

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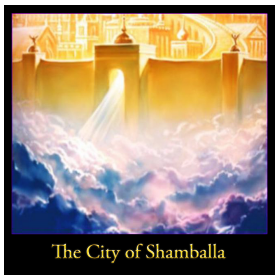

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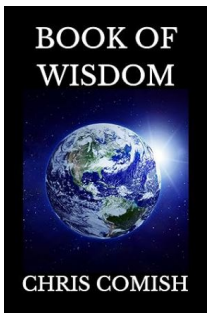

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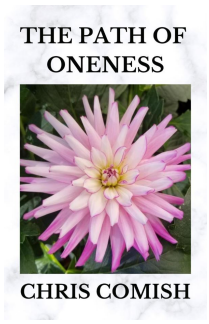

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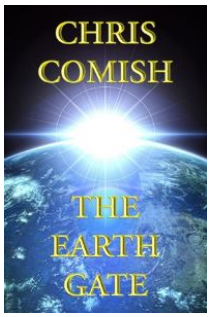

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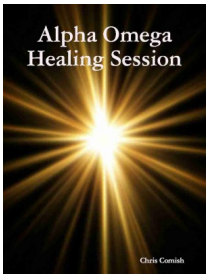

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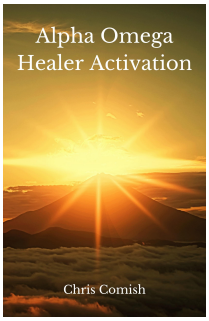

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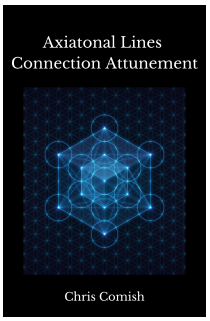

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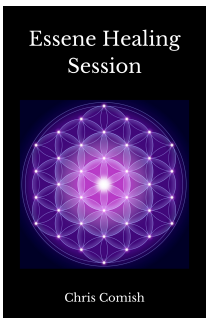

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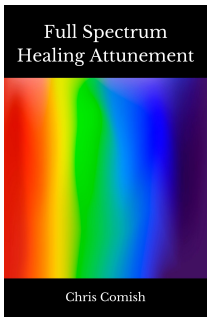

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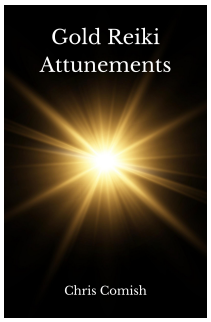

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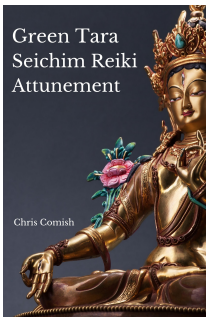

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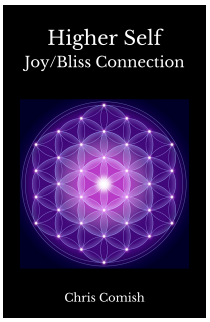

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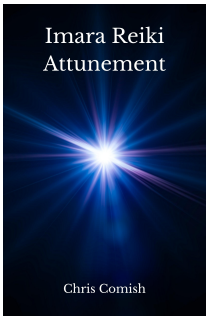

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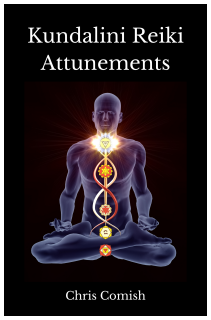

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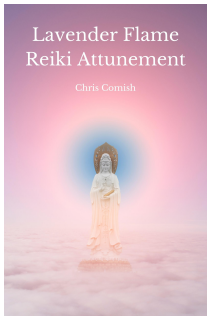

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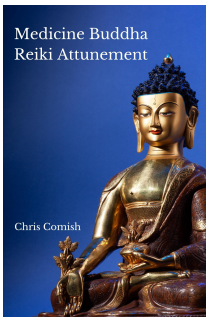

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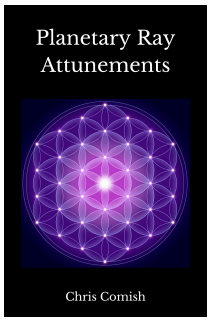

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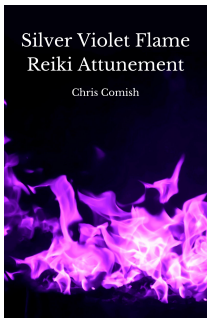

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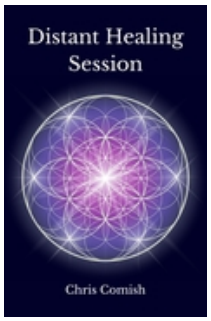

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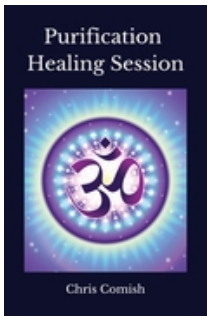

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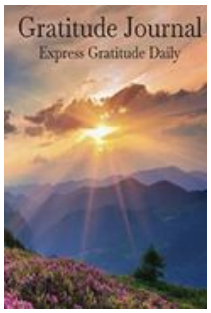

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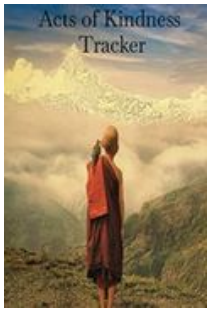

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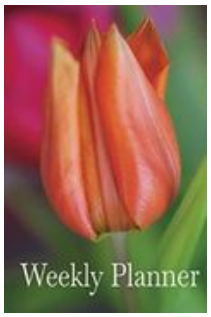

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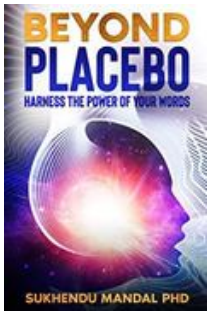

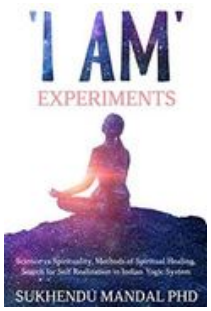

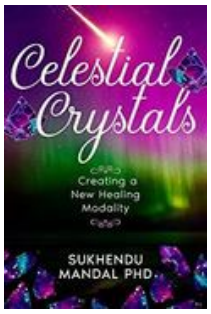

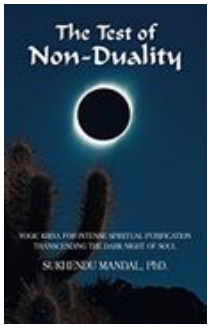

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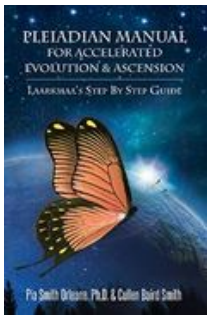

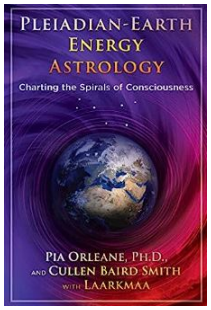
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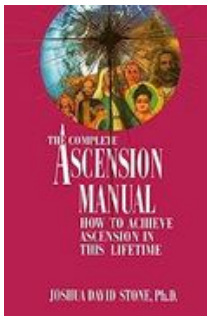
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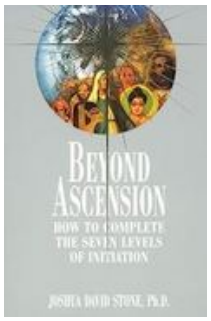
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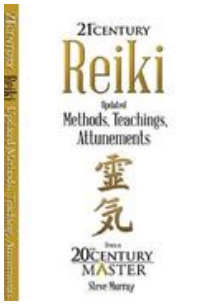
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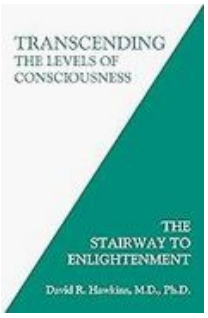
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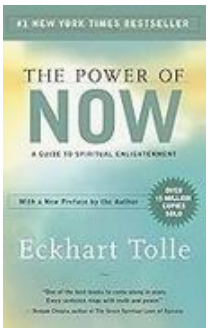
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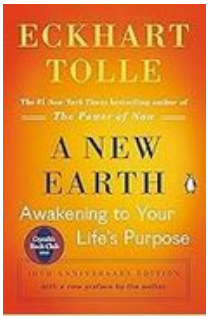
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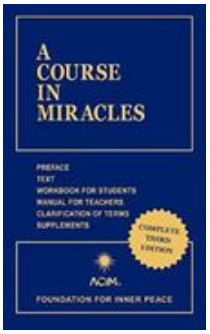
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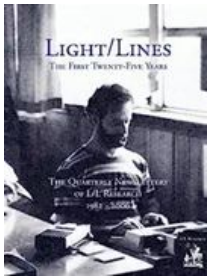
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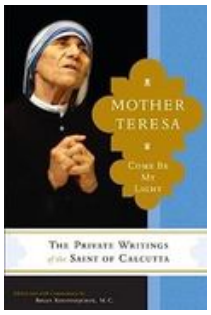
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COME BE MY LIGHT
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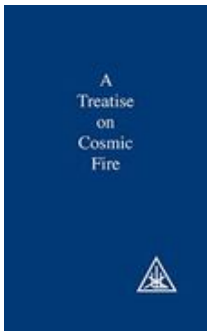
Human and Solar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Treatise
on
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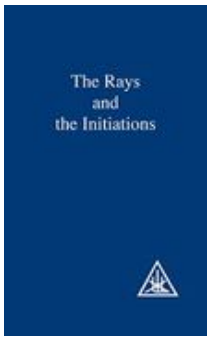
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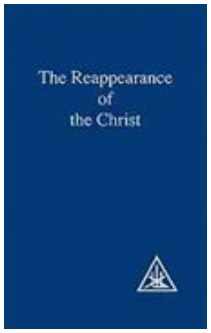
and
the Initiations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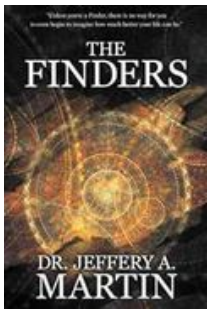
of
the Christ

The
Externalisation
of the
Hierarchy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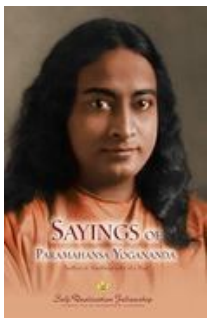
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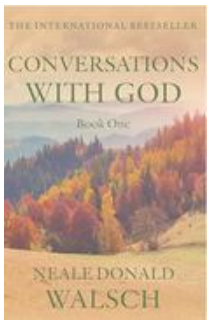
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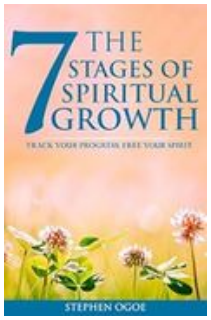
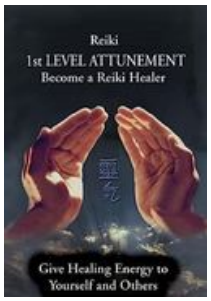
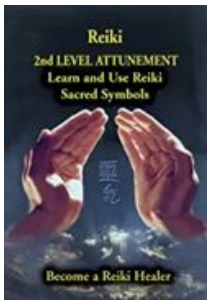
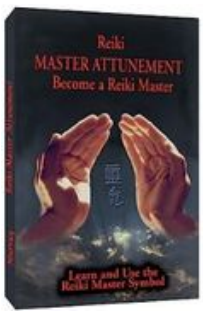
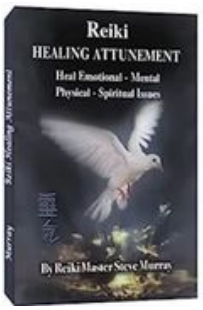


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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Blog Archive

► 2026 (7)

► 2025 (312)

▼ 2024 (77)

► December (13)

► November (3)

► October (8)

► September (12)

► August (5)

► July (4)

► June (9)

▼ May (6)

Self Love and Service to Others

Powerful Affirmations by Bashar

Path to Enlightenment

Attunements and Healing Sessions

Ascension Quantum Mechanics

Belief

► April (5)

► March (1)

► February (2)

► January (9)

► 2023 (21)

► 2022 (15)

► 2021 (1)

► 2020 (1)

► 2018 (2)

► 2017 (2)

► 2016 (5)

► 2014 (1)

► 2013 (4)

► 2012 (18)

► 2011 (51)

► 2010 (19)

Labels

- 2012
- 2014
- 5D
- after life
- afterlife
- ageless wisdom

- alien
- aliens
- angels
- anger
- archangels
- ascended
- ascended masters
- ascension
- astral
- attunements
- audiobook
- black triangle
- buddha
- chakras
- challenges
- channeling
- CHI
- cho ku rei
- chris comish
- city of shamballa
- conscious
- contact
- convergence
- cosmic
- cosmic council
- creator
- criminals
- david wilcock
- divine
- earth
- ebook
- energy
- entities
- esoteric
- essene
- experience
- faith
- faith. Love
- forgiveness
- free will
- freedom from duality
- french toast
- full spectrum healing
- gate
- ghosts
- go daddy
- God
- golden age
- harmonic
- Harmonic Convergence
- healing
- heart
- higher self
- hitchhiker
- holidays
- Human Body Energy Centers
- illuminati
- invocation
- kwan yin
- lavender flame
- law of one

- lessons
- liberation
- life
- life review
- light
- link
- ll research
- logoic body
- love
- manifestation
- masters
- Mayan Prophecy
- meaning
- meditation
- member of the month
- members
- metaphysics
- movies
- Noah
- numbers
- nwo
- oneness
- Osama bin Laden
- polarity
- postage
- prayer
- protection
- purification
- purpose
- quan yin
- quotes
- reiki
- reiki attunement
- reiki key chain
- religion
- resentment
- satisfaction
- service
- session
- shamballa
- sirius
- soul
- space
- spacecraft
- spirit
- spirituality
- stamps
- teachings
- the city of shamballa
- time
- trees
- two thousand and twelve
- ufo
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- unity
- void
- vow
- winter solstice
- wisdom

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